



GIPSON GAZETTE

NEWS FROM THE CARL GIPSON CENTER

OCTOBER 2026 | MEMBER & PARTNER EDITION | VOL. 57

UPCOMING EVENTS

Gipson Spirit Day - Halloween

- 10/29/2026

Veterans Day Lunch

- 11/5/2026

SHIBA 2027 Open Enrollment

- 11/12/2026



Gipson Profile



Ethel
McNeal



In the summer of 1964, 14-year-old Ethel Stevenson marched for civil rights in Mississippi.

Three organizers had traveled to her hometown of Meridian to work with local faith leaders. They spoke at local churches, denounced discrimination, and organized a community-wide march through downtown. Together with over 100 protestors, Ethel marched down 5th Street, singing “We Shall Overcome.” The next day she gathered with the organizers in their backyard for dinner, before they were to leave town the next morning.

“I was with the three civil rights workers the night before they were killed.”

The next day James Chaney, Andrew Goodman, and Michael Schwerner were pulled over by a rogue Sheriff’s deputy. In an incident later investigated by the FBI under the name “Mississippi Burning,” the workers were killed and buried in an earthen dam on a rural farm. Their murders sparked nationwide outrage and shined a light on Mississippi as a hotbed of racism.

(cont'd on pg 2)

110

Low-income Gipson Center members who receive financial assistance to participate in our community.



(GIPSON PROFILE | Ethel (cont'd))

"We grew up in a time when you had the black schools and the white schools. White water fountains and black water fountains. We had to be really careful where we went. The KKK was really big in the South."

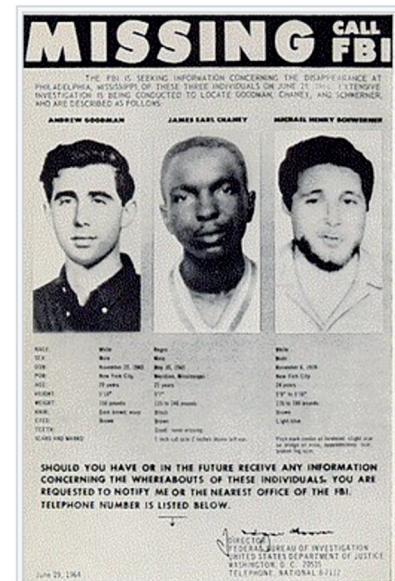
Ethel remembers the white stores and their lunch counters: Woolworths, SH Kress, Newberry. They had Black cooks, but Black people weren't allowed to eat inside. *"We were part of that group that began to integrate. We'd sit down and they'd refuse to serve us."*

Despite the pervasive racism surrounding her in the 1960s, Ethel beams when she thinks about her childhood. The sixth of nine kids, Ethel remembers the whole neighborhood keeping an eye on kids. *"Wherever you went, the old people would look after you. If you were too loud, they'd come out with a rolling pin and shake it at you."* Ethel sang, as she has all her life: first in the Junior Choir of St James AME Church. Later, her Carver Junior High choir would win the Song Festival each year.

"We lived on Railroad Street, and my Dad had fields, and raised all kinds of vegetables and pigs and cows. My friend Debra and I would bring bags of plums and apricots to school. As a little girl, we'd walk down by the railroad tracks, and my aunt had a little store, we'd get snow cones and ice cream. Every Friday night we'd go to the Ranch House, which was owned by Ludie Suberry, the first Black police officer in Meridian. We'd buy hamburgers, potato salad, or hotdogs. The Temptations or Brook Benton would be playing. At night, back at home, we'd sit out on the street, under the streetlights, and we'd sing and dance."

At 19, Ethel followed her sister out to Washington, settling in Everett. She attended Everett Business College, and later the Scott Paper Company hired her for a job in Accounts Payable. Over 23 years she moved to Accounts Receivable and then the Commercial Sales Group. She married Johnny, and together they had Darrell, Maurice, and Katrina.

Along the way they befriended a famous Everett Family. "Carl Gipson was the best. He took care of us. He defended us and supported the Black community. I used to go their house, and see [sons] Skip, Alex and Ron. Jodie would make us a good Southern dinner: chicken, greens, cornbread. We loved being over there."



After 23 years at Scott Paper, Ethel joined the Edmonds School District in their purchasing department. Along the way, she coached her kids' sports and found a surprising source of support: local law enforcement. She's always feared and hated the police, but one day she found herself with the Sheriff's daughter on her soccer team. That team never wanted anything, says Ethel, because the Sheriff would provide.

Ethel later served on the Everett City Council, and when asked about retirement, she marvels at the way the universe works. Once a fierce critic of law enforcement -- outraged by the racism and violence of her childhood in the South -- Ethel now serves in two roles: as a Citizen Police Officer for Everett and on the County's SMART team: Snohomish County Multiple Agency Response Team, investigating incidents in which law enforcement used force. She now works to support law enforcement, and to be a voice of accountability when necessary.

Ethel still travels back to Meridian to see family and old friends, but Everett's been her home for over 50 years. When she walks into the Carl Gipson Center, sometimes she thinks about her old friends Carl and Jodie, the family that welcomed her so many years ago.



NEW

Starting Monday, October 12th

Improve your balance with Otago Exercise Program

Maximum 10 Participants • All Access Membership • 8 Week Program

PROGRAM RUNS FROM
October 12-December 18 (no class on November 23 & 27)

Mondays | 10:30am-11:15am & **Fridays | 10:30am-11:15am**
Instructor: Corrie Stark Instructor: Elaine Henderson

Pre-assessment Oct 7 at 10:30am • Post-assessment Dec 14 at 10:30am

Otago is an evidence-based muscle-strengthening and balance-retraining program developed and tested by Fall Prevention professionals to improve muscle strength, flexibility, balance, and reaction time to reduce the risk of falling. Class is intended for members who have balance issues, use a walker or have fallen recently. Please register at our front desk.



Starting Monday, October 5th

Foot Care Services AT CARL GIPSON CENTER

1st Monday | Available 9am-3pm
30-minute appointments • Mt. Olympus

Appointments are required
\$45 per person • Register at front desk

See Registered Nurse, Cassandra Joof
Get professional foot care in a welcoming setting!

Conveniently located in Everett
3025 Lombard Ave, Everett • (425) 818-2784



UPCOMING TRIPS

OCTOBER / NOVEMBER

Lunch at Cabbage Patch Restaurant, 2 Shoes
Tuesday, Oct. 6th, 10:30am-3pm, \$12 member/
\$22 non-member

Thrift Shop Shopping, 3 Shoes
Thursday, Oct. 29th, 9:30am-3pm, \$20 member/
\$30 non-member

Remlinger Farms, 2 Shoes
Friday, Nov. 6th, 10:30 – 3pm, \$35 member/
\$45 non-member



Wellness Classes

Every 2nd Friday • 10am-11am • Mt. Olympus Room

Isolation and Depression

Fri, Oct 9 | 10:00–11:00 am | Instructor: AJ Corpuz

Stress Management

Fri, Nov 13 | 10:00–11:00 am | Instructor: Joy Geertszen

Self-Care and Setting Healthy Boundaries

Fri, Dec 11 | 10:00–11:00 am | Instructor: TBD

These classes are presented by Homage. After each session, stay for an optional craft or art project, optional depression screening, and the opportunity to speak one-on-one with the presenter to learn more about Homage's free mental health services.



Gipson Spirit Day

Thursday, October 29th

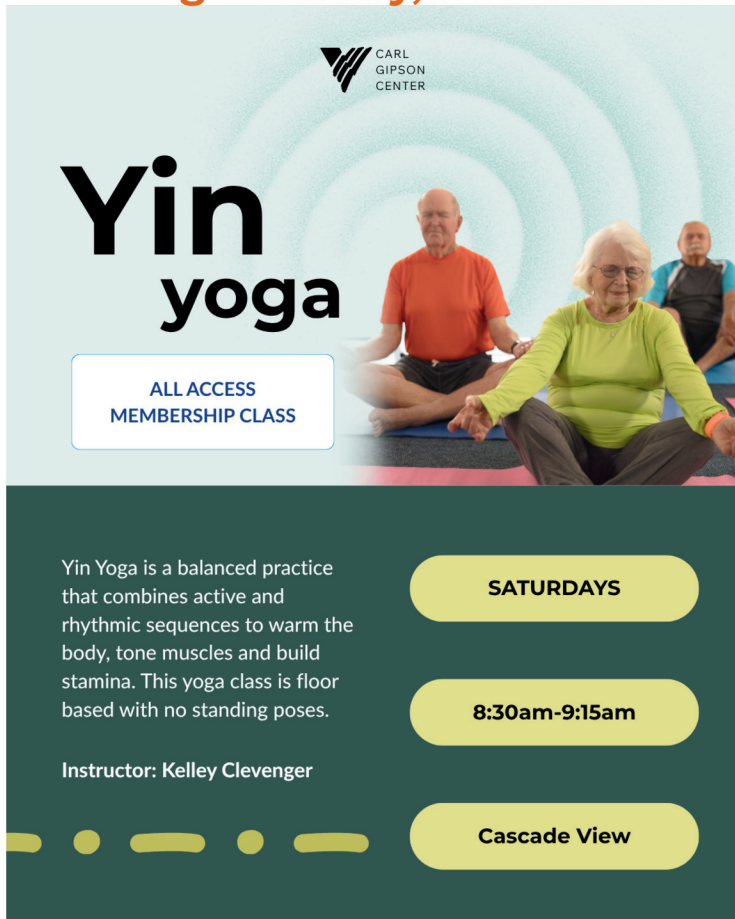
Halloween



Dress in your best costume or Halloween attire on Thursday, September 29th, for our Gipson Spirit Day Halloween Bash! Raffle will be held during lunch. Please dress appropriately, no masks, revealing costumes, or real or pretend weapons.

 NEW

Starting Saturday, October 17th



Yin yoga

CARL GIPSON CENTER

ALL ACCESS MEMBERSHIP CLASS

Yin Yoga is a balanced practice that combines active and rhythmic sequences to warm the body, tone muscles and build stamina. This yoga class is floor based with no standing poses.

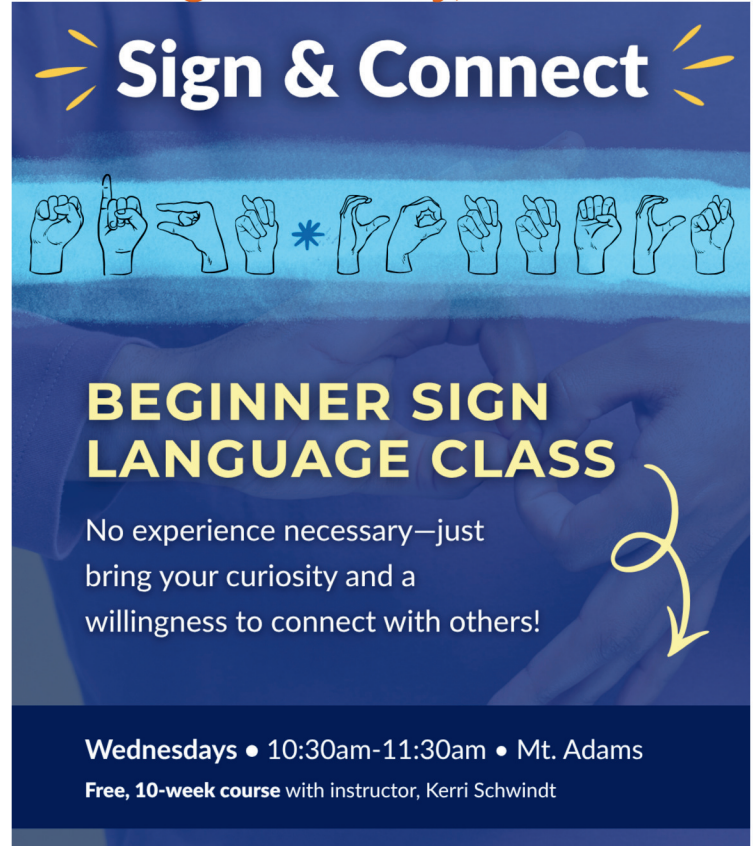
Instructor: Kelley Clevenger

SATURDAYS

8:30am-9:15am

Cascade View

Starting Wednesday, October 7th



Sign & Connect

BEGINNER SIGN LANGUAGE CLASS

No experience necessary—just bring your curiosity and a willingness to connect with others!

Wednesdays • 10:30am-11:30am • Mt. Adams

Free, 10-week course with instructor, Kerri Schwindt



COOKING CLASSES

with Gul Subaykan

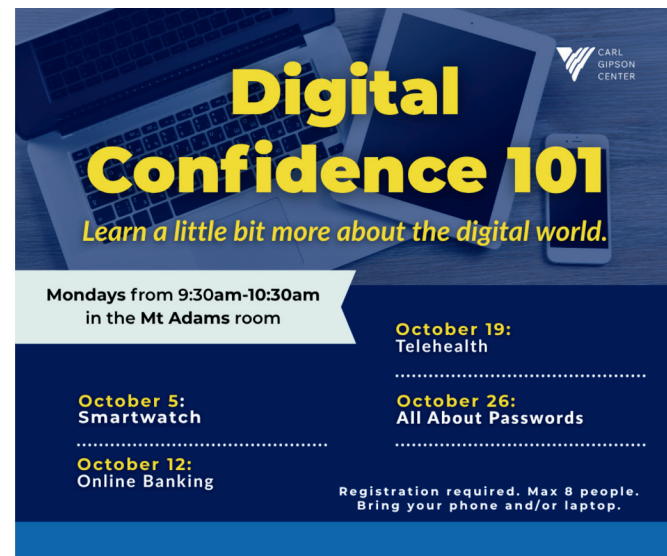
UPCOMING CLASSES:

SALMON CHOWDER | OCTOBER 27
JOIN MEMBER ED HILL AS HE SHOWS YOU HOW TO TURN FRESH SALMON INTO SOMETHING DELICIOUS
\$11 FOR MEMBERS • \$21 FOR NON-MEMBERS

NO FOLD BLANKET DUMPLINGS | NOVEMBER 17
\$13 FOR MEMBERS • \$23 FOR NON-MEMBERS

SHAKSHUKA | DECEMBER 15
A POPULAR MIDDLE EASTERN DISH MADE OF EGGS POACHED IN A SPICED TOMATO SAUCE
\$14 FOR MEMBERS • \$24 FOR NON-MEMBERS

All classes will run from 1:30PM - 3:30PM



Digital Confidence 101

Learn a little bit more about the digital world.

Mondays from 9:30am-10:30am in the Mt Adams room

October 5: Smartwatch

October 12: Online Banking

October 19: Telehealth

October 26: All About Passwords

Registration required. Max 8 people. Bring your phone and/or laptop.

Held in the Carl Gipson Center Kitchen. 10 spots available per class.
To sign up, please visit the front desk. Registration is required.




» NEW

Lifelong Learning

Free & open to all in the community

Mindfulness

MON, 10/19/26

Mary Davis, MSN, FNP

What is Mindfulness and how can it improve your life? Learn easy practices to improve your attention and well being.

Estate Planning Workshop

WED, 11/4/26

Carl Swanes, The Wall Law Group

Create a worry-free plan for you and your heirs. This workshop is designed to provide valuable insights and guidance on estate planning, helping attendees make informed decisions about their future. Secure your peace of mind and ensure your wishes are clearly stated!

The Science of Happiness

TU, 12/1/26

Mary Davis, MSN, FNP

What makes people happy? Learn simple ways to increase your enjoyment of life, and improve happiness.

Series Sponsor:
The Wall Law Group



CARL
GIPSON
CENTER



2026 Speaker Series

Carl Gipson Center

10/5 | SUZAN DELBENE & RICK LARSEN

Candidates for US Representative
Congressional District 1 & 2

10/12 | JUNE ROBINSON

Candidate for State Senator
Legislative District 38

10/19 | JULIO CORTES

Candidate for State Representative (Pos 1)
Legislative District 38

10/26 | THOMAS (JEFF) KELLY

Candidate for State Representative (Pos 1)
Legislative District 38



Lunch at 11:30 | Speaker at 11:45am
Free & open to all

3025 Lombard Ave
Everett, WA 98201

Veterans Day Lunch

Thursday, November 5th
11:30am-12:15pm

Lunch by Homage, Cake & Coffee



Join us for a short program
to honor our veterans.



» EVENTS

SHIBA 2027 Open Enrollment Event

Thursday, November 12th, 2026, 9am-3pm

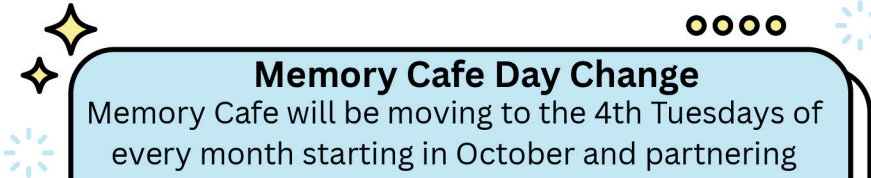
Make an in-person appointment with a SHIBA advisor to review your Medicare choices for 2027. SHIBA is a free, unbiased service offered through the Office of the Insurance Commissioner. Their volunteer advisors are trained and not insurance brokers. They can educate you about Medicare and the options you have so you can make an informed decision about your Medicare coverage. This is for people already enrolled in Medicare. To make an Open Enrollment appointment please email shiba.oe@edmondswaterfrontcenter.org.
(If you are new to Medicare, please email shibasnohmish@gmail.com for help.)

» ANNOUNCEMENTS



**MONDAY BINGO WILL BEGIN AT 1:30PM
ON OCTOBER 5TH.**





Memory Cafe Day Change
Memory Cafe will be moving to the 4th Tuesdays of every month starting in October and partnering with Old Friends Club.

New Policy

*We have a new Carl Gipson Center policy, to go into effect October 1st, 2026.
This policy will be included in the Member Handbook.*

EXPECTATION OF INDEPENDENCE | CAREGIVERS

All members and guests participating independently at the Carl Gipson Center must be able to feed themselves, carry food trays (if eating lunch), use the bathroom, and regulate their own behavior. Center leadership reserves the right to require members who cannot operate independently, or who have repeated health or behavior concerns, to attend with a caregiver.

Members and guests who cannot perform these functions independently must be accompanied by a caregiver who must be present at all times when the client is present, and keep their client in sight at all times. Caregivers may have a maximum of two clients who cannot operate independently present at the Gipson Center at any given time.

Caregivers agree to complete a Guest or Membership registration form prior to attending the Center and abide by the Gipson Center Code of Conduct. If the caregiver participates in Center activities (not including lunch), the caregiver must obtain a current Gipson Center membership and, if applicable, pay for their own participation in trips or classes.





From the Director

October will be hopping at the Center.

We're launching a new 8-week **Otago Fall Prevention exercise class on October 12th**. This is vitally important for seniors working to improve their balance and stamina, and comes after The Herald recently ran this article: "Fall-related ER Visits Among Older Adults in Snohomish County reach highest quarterly count reported."

We're also starting a new sign language class, called **Sign & Connect**, a new Saturday morning **Yin Yoga** class, and **Foot Care** by Cassandra Roof, RN. For those feeling busy or stressed, consider joining us for the October Lifelong Learning workshop: **Mindfulness** by Mary Davis on Monday, 10/19. Mary was so popular at last Spring's Senior Resource Fair that we asked her to come back.

Update on Financial Assistance (FA) policies & practices:

Since we reopened to the community in January of 2022, we've offered financial assistance to seniors and adults with disabilities of limited financial means. We're very proud of the impact of our financial assistance program. Today we have 110 recipients – about 17% of our total membership – who receive a 100% financially assisted membership. Because of our inclusive membership model, they can participate in almost everything we offer at no charge. As the only urban center of our kind in Snohomish County, we will always work to serve those of all income levels.

In early 2026 we began seeing a few trends among our financial assistance recipients, and we've spent time taking a closer look at our current FA policies and practices. We discovered areas that need attention, such as: seniors requesting FA, but only coming to the Center for lunch, which does not require a membership; inconsistent or missing documentation of income; caregivers or owners of Adult Family Homes applying on behalf of others, often asking for the membership + All Access Package; and a low usage rate among a portion of our FA recipients. We studied a 3-month period last Spring and realized that about 35%+ of recipients didn't appear to be using the Center at all.

With help from two of our volunteer committees, we're instituting these changes to help us serve more adults in need, while ensuring those who apply for FA intend on participating in our community:

- **Revised FA internal income scale:** based on 200% of the current Federal Poverty Level. This means that a qualifying adult who lives alone can have a household income of up to \$31,919 to qualify, a higher threshold than before.
- **More rigorous documentation requirements:** to ensure our assistance is going to those who truly need it.
- **New face-to-face conversation, or phone call, with the applicant themselves:** to determine their interest and the right membership for them.
- **Revised FA application:** to make it clearer and easier for the applicant, and to emphasize that seniors do not need a CGC membership if they'd only like to come for lunch.

In addition, our staff team and committee volunteers agreed to implement a new, small financial responsibility on the part of the FA recipient. Beginning now, the Carl Gipson Center will pay 90% of the cost of the membership, and the FA recipient will be responsible for the other 10%. We believe this will help ensure that the applicant 1) has the intention to participate in our community; and 2) has a higher degree of ownership in the Center and their experience here. For Regular Members, FA applicants will be responsible for \$7; for those wanting the All-Access Package, the total annual cost will be \$18.

Thanks to everyone who helped us take a fresh look at how we can serve our lowest-income members better. If you have any questions about our new Financial Assistance policies, please reach out to Sabrina Willard, our Rental and Engagement Coordinator, or me.

See you at the Center,

Cory Armstrong-Hoss



RESOURCES

Tech Bytes

with Jim Hagglund

A **“You’re invited!”** email from a friend is a nice surprise but it may be a fake party invite dressed up as Evite or Paperless Post. If you’re asked for your email password or phone number to see the details or to enter a code to RSVP, don’t do it. If you do, the crook will use your inbox to send the same invite to others. Real invites never ask for a password.

If your phone starts ringing when you can’t answer, don’t decline the call unless you want the caller to know. On iPhone, press the side button once. On Android, press volume down. Your phone goes silent. The caller still hears normal ringing and will go to voicemail if they don’t hang up.

Your phone can contact emergency services quickly. On iPhone, go to Settings > Emergency SOS > Call with 5 Button Presses. On Android, try Settings > Safety and emergency > Emergency SOS. Once it’s set up, rapidly pressing the side or power button five times makes the call.

One-on-one help with your smart phone, laptop or tablet is offered on October 1 and 15. To make an appointment stop by the front desk or call 425-521-9644.



Gain Confidence using buses, trains, and more!

Join us for a friendly, hands-on workshop to explore **public transportation and e-bike options** in Snohomish County.

IN THIS WORKSHOP, YOU'LL LEARN:

- How to ride buses, trains, and more
Cómo usar autobuses, trenes y más
- ORCA card basics and discounts
Conceptos básicos de la tarjeta ORCA y descuentos
- Trip planning tools and resources
Herramientas y recursos para planificar tu viaje
- Accessibility and safety tips
Consejos de accesibilidad y seguridad
- Learn e-bike safety
Aprende seguridad en e-bike

INTRODUCING OUR NEW PROGRAM!

E-bike Library

Try before you buy! Our E-bike Library lets you borrow an e-bike to explore your community, run errands, and enjoy the ride.

Eco-friendly
Ecológico
 Healthy
Saludable
 Cost-effective
Económico

REGISTER TODAY!
¡REGISTRATE HOY!

Scan the QR code to reserve your spot.
Escanea el código QR para reservar tu lugar.

FRIDAY / VIERNES
OCTOBER 2ND, 2026

3:30 – 4:30 PM

EVERETT LIBRARY - EVERGREEN BRANCH
9512 Evergreen Way
Everett, WA 98204

We're here to help you move around with confidence.
Estamos aquí para ayudarte a moverte con confianza.

snotrac.org | 206-519-7762 | @snotrac

CREATING AND CONNECTING AFFORDABLE, AGE- AND ABILITY-FRIENDLY COMMUNITIES WHERE EVERYONE CAN MOVE WITH DIGNITY AND CONFIDENCE.



» GIVING BACK



Carl Gipson Center Volunteer of the Month

Our Knit & Crochet group wouldn't be what it is today without our amazing **Pam Timm**! Every Tuesday and Thursday from **10:30 a.m. to 1:00 p.m.**, you'll find Pam in the Alcove, sharing her time, talents, and love of knitting and crocheting with our members.

Pam first began helping out in the Carl Gipson kitchen just before everything shut down for COVID. When the Center reopened, Pam was right back here, ready to lend a hand! A little over a year ago, she was asked to take over the Knit & Crochet group, and we're so glad she said yes!

Pam truly enjoys helping others create, celebrating their accomplishments, and sharing good conversation along the way.

Whether you've been knitting or crocheting for years or have always wanted to learn, Pam will welcome you with a smile and is happy to help you get started.

Thank you, Pam, for sharing your time, talents, patience, and warm personality with all of us here at the Center.



Pamela Timm

If you are interested in becoming a volunteer, please contact Sabrina to learn more:



Sabrina Willard
swillard@voaww.org
425.212.2924



In-Kind Donations
The Giving of Goods

Need for October: Post Its!



Help us stock back up on Post Its! We need new pads of Post It notes, any color!

*We ♥ our
Volunteers*



It's that time of year again! Time for the **Gipson Giving Tree**! Be an elf or a recipient. Here's how it works:

- Members who want to be gifted can sign-up at front desk to get on the list to receive a \$25 gift card for Amazon or local grocery store, starting November 2nd.
 - The Giving Tree for the gift card need tags will be set-up on November 2nd in the lobby. Tags will be added as recipients sign-up.
 - All potential recipients for gift cards need to be signed up by November 25th.
 - Elves must return Gift Cards to be handed out by December 11th.
- Note**** There is no guarantee that every recipient who signs up will be gifted. It will be by random selection. All recipients and elves will be anonymous.

» ACTIVITY SCHEDULE

AMENITIES

Complimentary Coffee & Tea

M-S | 8:30AM-12PM

Daily Lunch by Homage

M-F | 11:30AM | Cascade View

Sip & Sweets by Goal Students

Tu | 10AM-12PM | Carl's Cafe

During School Year

PERSONAL SERVICES

Chaplain Skip Gipson

2nd & 4th Tu | 9AM-1PM | Lobby

Clothing Closet

W & F | 10AM-11:30AM | Lobby Garage

Counseling Volunteer

Lou Ann Carter, MSW, LICSW

3rd Sat | 9AM-12PM | Mt. Olympus

Appts: at Membership Desk

or 425-818-2784

Foot Care (NEW)

1st M | 9AM-3PM appointments

| Mt. Olympus | Appts: at Membership Desk

or 425-818-2784

Medicare Advising (SHIBA)

Tom Russell, SHIBA Volunteer

2nd & 4th W | 10AM-12PM appointments

| Mt. Olympus

Appts: Sign up at Membership Desk

Reiki Massage

3rd W | 12, 1, & 2PM appointments | Mt.

Adams

\$10 | *Make appts at Membership Desk*

Tech Help with James Hagglund -

Phones, Tablets & Laptops

1st & 3rd Th | 10:30AM - 12:30PM | Mt. Olympus

Appts online or at Membership Desk

CONVERSATION, FELLOWSHIP, & SUPPORT

AA

Tu | 1PM-2PM | Mt. Olympus

Al-Anon

Tu | 11AM-12PM | Mt. Olympus

Alzheimer's Association Care

Giver Support Group

1st & 2nd Sa | 10AM-12PM | Mt. Olympus

Black Elders Community Outreach

Group by Homage

Tu | 10AM-1PM | Mt. Baker

Brain Injury Support Group of Snohomish Co

1st S | 10AM-12PM | Mt. Adams

Current Issue Discussion Group

1st & 3rd Th | 1PM-2:30PM | Mt. Adams

Family Caregiver Support Program of

Snohomish Co

1st Th | 1PM-2:30PM | Mt. Olympus

Friendship Circle

T | 1:30PM-3PM | Mt. St. Helens

Good Life Good Death Cafe

2nd M | 12:15-2PM | Mt. Olympus

Memory Cafe (NEW Day)

4th T | 12:30PM-2PM | Mt. Helens

New Member Orientation

2nd Th | 1:30PM 2:30PM | TV Alcove

Old Friends Club

T & Th | 9:30AM-2:30PM | Mt. Helens

Together in Grief | Grief Support Group

4th Sa | 10AM-12PM | Mt. Olympus

»» ACTIVITY SCHEDULE CONTINUED...

CLASSES, CLUBS & GAMES

Billiards

M-F | 8:30AM-4PM | Billiards Room
S | 8:30AM-1PM | Billiards Room

Bingo

1st & 3rd M | 12:30PM-3PM | Cascade View

Book Club

3rd Th | 1PM-2:30PM | TV Alcove

Ceramics

Tu | 12PM-2:30PM | Mt. Adams

Craft Group

2nd & 4th S | 10AM-11:30AM | Mt. Adams

Cribbage

T | 9:30AM-11AM | Lobby by fireplace

Digital Confidence 101

M | 9:30AM-11:30AM | Mt. Rainier

Duplicate Bridge

W | 10:30AM-3PM | Mt. Rainier

Genealogy

3rd W | 1PM- 3PM | TV Alcove

Hand & Foot Canasta

Tu & Th | 9:30AM-3PM | Table near gym

Knit & Crochet

Tu & Th | 10:30AM-1PM | Alcove

Moments & Memories Journaling

W | 1PM-2PM | Mt. Olympus

Party Bridge

Th | 12PM-3PM | Mt. Baker

Project Linus

4th M | 11:30AM-2:30PM | Mt. Rainier

Sign & Connect (NEW)

W | 10:30AM-11:30AM | Mt. Adams
(Oct 7-Dec 16, 10 weeks)

The Art of Memoir - Registration Required

T | 2PM-3:15PM | Mt. Adams (Sep 22-Oct 27)

Trivia Time

1st & 3rd M | 10:30AM-11:30AM | Alcove

Woodcarving

Th | 1PM-3PM | Cascade View

EXERCISE & MOVEMENT

Barre Class

Tu & Th | 8:30AM-9:15AM | Cascade View

Chair Yoga

M & W | 8:30AM-9:15AM | Instructor Karen | Cascade View

Clog Dance

Beginner

M | 9:30AM-10:30AM | Cascade View

Beginner to Easy Intermediate

M | 10:45AM - 11:45AM

Intermediate

S | 9:30AM-10:30AM | Mt. Rainier

Beginner

S | 10:45AM-11:45AM | Mt. Rainer

Forever Fit

Tu, W, Th | 9:30AM-10:15AM | Cascade View

Functional Fitness

Tu & Th | 10:30AM-11:15AM | Cascade View

Gentle Karate

Tu & Th | 2:15PM- 3PM | Mt. Rainier

Hula Dance

Th | 1PM-2PM | Mt. Rainier

Line Dancing - Registration Required

F | 9:30AM-10:30AM | Mt. Helens

Mat & Chair Yoga

F | 8:30AM- 9:15AM | Cascade View

Otago - Registration Required (NEW)

M & F | 10:30AM-11:15AM | Mt. Rainer
(Oct 12 - Dec 18, 8 weeks)

Table Tennis

M & W | 9AM-2PM | Mt. Baker & Mt. St. Helens
S | 9AM-1PM | Mt. Baker & Mt. St. Helens

Yin Yoga (NEW)

S | 8:30AM-9:15AM | Cascade View (Starting Oct. 17th)



LOCATION

3025 Lombard Ave, Everett

HOURS

Mon - Thurs | 8:30am - 4:00pm • Fri & Sat | 8:30am - 1:00pm
Closed Sunday

FOR MORE INFO

425.818.2784 | voaww.org/gipson-center

For updates, make sure to follow us on Facebook
at www.facebook.com/gipsoncenter

VOA's Carl Gipson Center is sustained through funding from the City of Everett, Snohomish County Department of Human Services, foundations, corporations and individual donors