Upper Skagit Tribe

Tribal Services Profile



Contents

[Reservation (optional) 3](#_Toc184288159)

[Service Population 3](#_Toc184288160)

[Medical Services 3](#_Toc184288161)

[Medical Services List 3](#_Toc184288162)

[Dental Services 4](#_Toc184288163)

[Dental Services List 4](#_Toc184288164)

[Outpatient Mental Health Services 4](#_Toc184288165)

[Outpatient Mental Health Services List 4](#_Toc184288166)

[Tribal Crisis Services 5](#_Toc184288167)

[Tribal Crisis Services 5](#_Toc184288168)

[Tribal Crisis Coordination Protocol 5](#_Toc184288169)

[Outpatient Substance Use Disorders Treatment 5](#_Toc184288170)

[Outpatient SUD Treatment Services List 6](#_Toc184288171)

[Inpatient Substance Use Disorders Treatment 6](#_Toc184288172)

[Inpatient SUD Treatment Services List 6](#_Toc184288173)

[Community Health Services 6](#_Toc184288174)

[Community Health Services List 6](#_Toc184288175)

[Social Services (not listed above) 6](#_Toc184288176)

[Social Services List (not listed above) 7](#_Toc184288177)

|  |
| --- |
| Reservation (optional)  |
| Land | 84 acres |
| Boundaries | the Upper Skagit Reservation includes an 84-acre parcel of land 3 miles east of Sedro Woolley, WA in Skagit County; an additional 15 acre parcel of reservation land is located along the Interstate 5 state highway just south of the town of Alger, WA where the economic development business reservation property is located |
| Community Structures | community center, Tribal Recreation Center (includes fitness center), Tribal Government Administration Annex Facility, natural resources department building, outpatient ambulatory medical clinic, Child Development Center (early learning and child care), cultural center, Education Facility (K-12), maintenance and public works facility, employment and social services facility, tribal pharmacy facility, fuel station (Sedro Woolley), tribal law enforcement, tribal housing maintenance warehouse, tribal fisheries storage compound, wastewater treatment facility, casino, hotel and conference center, tobacco drive-through facility, water system well pump house compound  |
| Households (Same House) | 133\* |
| Total Population | 151\* |
| Population American Indian and Alaska Native | 109\* |
| Population Other Race | 42\* |
| \*Information from My Tribal Area website: <https://www.census.gov/tribal/> U.S. Census Bureau 2019-2023 American Community Survey |
|  |  |
| Service Population  |
| Total Service Population | 540 |
| Contract Health Services/Purchase and Referred Care Area (Zip Codes) | 98201, 98271, 98272, 98290 |

|  |
| --- |
| Medical Services |
| Name | Upper Skagit Tribal Clinic  |
| Address | 25959 Community Plaza Way, Sedro Woolley WA 98284 |
| Phone Number | 360.854.7070 |
| Hours of Operation | Monday – Friday 8:00am – 4:30 pm |
| After-Hours On-Call | No |
| Patient Portal | No |
| Website | https://upperskagittribe-nsn.gov/departments/health-services/ |
| Types of Coverage | Call for Coverage Specifics |
| Eligibility | Upper Skagit Tribal Members, community members and members of other Federally Recognized Indian Tribes that reside in the Tribe’s service area (Skagit County). |
| Primary Care Clinic (Title V Compact With IHS) (eligibility) | Yes |
| Primary Care Clinic (IHS Service Unit) (eligibility) | No |

|  |
| --- |
| Medical Services List |
| NutritionDiabetes Care ManagementWound CareMedication ManagementHome Environment Screenings (for Asthma, Fall Prevention, etc.)Post-Hospitalization Coordination of CarePrimary Care – All Ages |

|  |
| --- |
| Dental Services |
| Name | Swinomish Dental |
| Address | 17395 Reservation Rd, La Conner 98257 |
| Phone Number | 360.466.3900 |
| Hours of Operation | Mon-Wed 8Am-6Pm Thu 8Am-5:30PM |
| After-Hours On-Call | No |
| Patient Portal | No |
| Website | http://www.swinomish.org/resources/health-wellness/dental.aspx |
| Specialty Care | Pediatrics, Endodontics |
| Dental Clinic (Title V Compact With IHS) | No - Consortium Agreement with Swinomish Tribal Community Dental Clinic |
| Dental Clinic (IHS Service Unit) | No |

|  |
| --- |
| Dental Services List |
| PediatricsEndodonticsDental Health AidesEarly Childhood Dental Caries Prevention |

|  |
| --- |
| Outpatient Mental Health Services |
| Name | Upper Skagit Tribal Clinic |
| Address | 25704 Coyote Drive Sedro-Woolley, WA 98284 |
| Phone Number | 360.854.7067 |
| Hours of Operation | Monday – Friday 8:00am – 4:30pm |
| To make an appointment or inquire about walk-ins | 360.854.7067 |
| Patient Portal | No |
| Website | https://upperskagittribe-nsn.gov/departments/health-services/ |
| Culturally-Informed Mental Health Programs | Cultural Talking Circle Support Group |

|  |
| --- |
| Outpatient Mental Health Services List |
| Harm Reduction ServicesAvailable to All AgesIndividual CounselingFamily CounselingPsychiatric Medication ManagementTrauma Informed Care: EMDR (Eye Movement Desensitization and Reprocessing)Energy Healing |

|  |
| --- |
| Tribal Crisis Services |
| Name | Dr. Michaela Godsey |
| Address | 25704 Coyote Drive Sedro-Woolley, WA 98284 |
| Phone Number | 360.854.7067 |
| Hours of Operation | Monday – Friday 8:00am – 4:30pm |
| To make an appointment or inquire about walk-ins | 360.854.7067 |
| Website | https://upperskagittribe-nsn.gov/departments/health-services/ |

|  |
| --- |
| Tribal Crisis Services |
| **Service**  | **Contact Name** | **Phone** |
| Tribal Crisis Responder | Dr. Michaela Godsey | 360.854.7067 |
| Tribal Mobile Crisis Response | N/A |  |
| 24 Hour Tribal Crisis or Call Line | N/A |  |
| Suicide Prevention Coordinator | N/A |  |

|  |
| --- |
| Tribal Crisis Coordination Protocol |
| Is there a Tribal Crisis Coordination Protocol in place? |
| **Yes** | **No** | **Link** |
|  | In Progress |  |

|  |
| --- |
| Outpatient Substance Use Disorders Treatment |
| Name | Upper Skagit Behavioral Health |
| Address | 25704 Coyote Drive Sedro-Woolley, WA 98284 |
| Phone Number | 360.854.7132 |
| Hours of Operation | Monday – Friday 8:00am – 4:30 pm |
| After-Hours On-Call | No |
| Patient Portal | No |
| Website | https://upperskagittribe-nsn.gov/departments/health-services/ |
| Culturally-Informed Programs | Yes |

|  |
| --- |
| Outpatient SUD Treatment Services List |
| Available to All AgesIndividual CounselingIntensive OutpatientGroup CounselingSober Support – Wellbriety Groups |

|  |
| --- |
| Inpatient Substance Use Disorders Treatment |
| Name | N/A – Evaluation and Coordination for Higher Levels of Care |
| Address | N/A |
| Phone Number | N/A |
| Hours of Operation | N/A |
| After-Hours On-Call | N/A |
| Patient Portal | N/A |
| Website | N/A |
| Culturally-Informed Programs | N/A |

|  |
| --- |
| Inpatient SUD Treatment Services List |
| N/A - Evaluation and Coordination for Higher Levels of Care |

|  |
| --- |
| Community Health Services |
| Name | Upper Skagit Tribal Clinic |
| Address | 25959 Community Plaza Way, Sedro Woolley WA 98284 |
| Phone Number | 360.854.7070 |
| Hours of Operation | Monday – Friday 8:00am – 4:30 pm |
| After-Hours On-Call | No |
| Patient Portal | No |
| Website | https://upperskagittribe-nsn.gov/departments/health-services/ |

|  |
| --- |
| Community Health Services List |
| MSSMedical TransportsImmunizationsDiabetes Management EducationTraditional Foods Nutrition Education |

|  |
| --- |
| Social Services  |
| Name | Upper Skagit Behavioral Health and Social Services |
| Address | 25704 Coyote Drive Sedro-Woolley, WA 98284 |
| Phone Number | 360.854.7149 |
| Website | https://upperskagittribe-nsn.gov/departments/elders-social-and-employment-services/ |

|  |
| --- |
| Social Services List (not listed above) |
| **Program Name** | **Contact Name** | **Phone & Email** |
| Tribal Assister Program / Purchased and Referred Care (PRC) | Annie Nersten | Phone: 360.854.7133Email: anersten@upperskagit.com |
| Youth | Angie Washington  | Phone: 360.854.7032 Email: angiew@upperskagit.com |
| Elders | 1. Prepared Meals, Recreation
2. Housing, Home Subsidy Payments
3. Shopping, Home Nurse, Medical Transport, Case Management
 | Phone: 1. 360.854.70902. 360.854.70113. 360.854.7070Email:  |
| Food Assistance/ Energy Assistance | Christa McAllister | Phone: 360.854.7149 |
| Employment Assistance | Christa McAllister | Phone: 360.854.7149 |
| Housing Assistance | Adrienne Smallwood | Phone: 360.854.7011 |
| TANF/WIC | Caniece Perez | Phone: TANF/WIC: 360.854.7030 |