

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2 (10am) Alzheimer's Support Group (10am) Brain Injury Support Group
3	4 (11:30am) Speaker: Brandon Gloor, Corrections K9/Intelligence Deputy, Snohomish County Corrections (1pm) Bingo \$	5	6 (10:00am) Resource Fair All Programs/Activities Cancelled for Resource Fair	7 (10:30am) Tech Help (8:45am) Day Trip ORCA Seattle Art Museum (SAM) (1pm) Current Discussion (1pm) Family Caregiver Support Program	8	9 (10am) Alzheimer's Support Group (10am) Craft Group
10	11 (11:30am) Speaker: Emma Leedy, Events and Outreach Coordinator, Port of Everett	12 (9am) Chaplain Skip Gipson (11:30am) Project Linus	13 (10am) SHIBA	14 (1:30am) New Member Orientation (NEW)	15 (10am) Day Trip \$ Narbeck Wetlands & Bird Sanctuary Trail	16 (9am) Mental Health Access
17	18 (11:30am) Speaker: Amy Wheat, Opioid Outreach Specialist, Snohomish County Human Services (1pm) Bingo \$	19	20 (11:45pm) Monthly Birthday Celebration (12pm) Reiki Massage \$ (1pm) Genealogy Club	21 (10:30am) Tech Help (1pm) Book Club (1pm) Current Discussion	22 (11am) Day Trip \$ Tapped at The Port Restaurant	23 (10am) Together in Grief (10am) Craft Group
24 31	25 (11:30am) Speaker: Representative Julio Cortes, 38 th Legislative District (12:30) Memory Cafe	26 (9am) Chaplain Skip Gipson (1:30pm) Cooking Class: \$ Vegan Thai Basil Eggplant	27 (10am) SHIBA	28 (1pm) Craft Club \$	29 (11am) Day Trip \$ Lord Hill Park: Main Trail & Pipeline Loop	30 (11:00am) Spring Tea * All Access Membership \$ Cost Associated

WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*
	(8:30am) Chair Yoga*	(8:30am) Barre Class*	(8:30am) Chair Yoga*	(8:30am) Barre Class*	(8:30am) Friday Yoga*	(9am) Table Tennis*
	(9am) Table Tennis*	(9:30am) Hand & Foot	(9am) Table Tennis*	(9:30am) Hand & Foot	(9:30am) New to Line Dancing \$	(10am) Clogging Advanced Beginner to Intermediate
	(9:30am) Forever Fit*	(9:30am) Cribbage	(9:30am) Forever Fit*	(9:30am) Forever Fit*	(9:30am) Talk Time	(11am) Clogging Beginner
	(9:30am) Clogging Intro	(9:30am) Forever Fit*	(10:30am) Duplicate Bridge	(10:30am) Functional Fitness* (Same Class - New Name)	(10:00am) Clothing Closet	
	(10am) Clogging Beginner to Easy Intermediate	(10am) Black Elders	(10:30am) Strength & Stretch*	(10:30am) Knit & Crochet	(10:45am) Beginner Line Dancing \$	
	(10am) Digital Confidence 101	(10am) Sip & Sweets	(11am) Clothing Closet	(11:30am) Lunch	(11:30am) Lunch	
	(10:30am) Strength & Stretch*	(10:30am) Functional Fitness* (Same Class - New Name)	(11:30am) Lunch	(12pm) Party Bridge		
	(11:30am) Lunch	(10:30am) Knit & Crochet	(1pm) Journaling	(1pm) Hula Dancing		
		(11am) Al-Anon	(1:30pm) Meditation Yoga	(1pm) Tai Chi*		
		(11:30am) Lunch		(1pm) Woodcarving		
		(12pm) Ceramics		(2:15pm) Gentle Karate		
		(12pm) Friendship Circle				
		(1pm) AA				
		(2:15pm) Gentle Karate				
						* All Access Membership \$ Cost Associated