CARL GIPSON CENTER

NOVEMBER 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 **(9:00am)** Foot Care $(NEW) **(10:30am)** Trivia Time **(11:45am) Speaker Series:** Peter Scott, Everett School District **(1:30pm)** Bingo $	3 **(2:15pm)** Gentle Karate Cancelled	4 **(11:30am)**Craft Club with GOAL Students - **(NEW)** Sweater/Yarn Pumpkins **(12:30pm) Lifelong Learning:** Estate Planning Workshop	5 **(10:30am)** Tech Help **(11:30am)** Veteran's Lunch **(1pm)** Current Discussion **(1pm)** Family Caregiver Support Program **(2:15pm)** Gentle Karate Cancelled	6 **(10am)** Clothing Closet Cancelled **(10:30am)** Day Trip $ Remlinger Farms	7 **(8:30am)** Yin Yoga Cancelled **(10am)** Alzheimer's Support Group **(10am)** Brain Injury Support Group
8	9 **(11:45am) Speaker Series:** Hazel Borden, Medicare/ United Healthcare **(12:15pm) Good Life, Good Death Cafe** - Keeping Death Green	10 **(9am)** Chaplain Skip Gipson (2:15pm) Gentle Karate Cancelled	11 **CENTER CLOSED**	12 **(1:30pm)** New Member Orientation **(8:30am)** Day Trip with GOAL Students Bowling at Evergreen Lanes	13	14 **(10am)** Alzheimer's Support Group **(10am)** Craft Group
15	16 **(10:30am)** Trivia Time **(11:45am) Speaker Series:** Jennifer McCoy, Community Transit **(1pm)** Bingo $	17 **(1:30pm)** Cooking Class: $ No Fold Blanket Dumplings	18 **(12pm)** Reiki Massage $ **(11:45am)** Monthly Birthday Celebration **(1pm)** Genealogy Club	19 Spirit Day: Flannel Theme **(10:30am)** Tech Help **(1pm)** Book Club **(1pm)** Current Discussion **(8:30am)** Day Trip with GOAL Students Pike Place Market	20	21 **(9am)** Counseling Access
22 Fireman's Thanksgiving Feast	23 **(11:30am)** Project Linus **(11:45am) Speaker Series:** Kimberly Moore, Everett Parks & Recreation	24 **(9am)** Chaplain Skip Gipson **(12:30pm)** Memory Cafe **(NEW Day)**	25 **(10am)** SHIBA **(10am)** Clothing Closet Cancelled	26 **CENTER CLOSED**	27 **CENTER CLOSED**	28 **(10am)** Together in Grief **(10am)** Craft Group
29	30 **(11:45am) Speaker Series:** Cassandra Joot, Carl Gipson Footcare Nurse					* All Access Membership $ Cost Associated

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WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	(8:30am) Billiards* **(8:30am)** Chair Yoga* **(9am)** Table Tennis* **(9:30am)** Clogging Beginner **(10:15am)** Clogging Advanced Beginner **(10:45am)** Clogging Easy Intermediate **(9:30am)** Digital Confidence 101 **(10:30am)** Otago* (Oct 12-Dec 18) **(11:30am)** Lunch	**(8:30am)** Billiards* **(8:30am)** Barre Class* **(9:30am)** Hand & Foot **(9:30am)** Cribbage **(9:30am)** Forever Fit* **(9:30am)** Old Friends Club **(10am)** Black Elders **(10am)** Carls Cafe **(10am)** Meaningful Day **(10:30am)** Functional Fitness* **(10:30am)** Knit & Crochet **(11am)** Al-Anon **(11:30am)** Lunch **(12pm)** Ceramics **(12pm)** Friendship Circle **(1pm)** AA **(2pm)** Memoire Class **(2:15pm)** Gentle Karate	**(8:30am)** Billiards* **(8:30am)** Chair Yoga* **(9am)** Table Tennis* **(10:00am)** Clothing Closet (**10:30am)** Sign & Connect **(10:30am)** Duplicate Bridge **(11:30am)** Lunch **(1:00pm)** Journaling	**(8:30am)** Billiards* **(8:30am)** Barre Class* **(9:30am)** Hand & Foot **(9:30am)** Forever Fit* **(9:30am)** Old Friends Club **(10:30am)** Functional Fitness* **(10:30am)** Knit & Crochet **(11:30am)** Lunch **(12pm)** Party Bridge **(1pm)** Hula Dancing **(1pm)** Woodcarving **(2:15pm)** Gentle Karate	**(8:30am)** Billiards* **(8:30am)** Mat & Chair Yoga* **(9:30am)** Beginner Line Dancing $ **(9:30am)** Talk Time **(10:00am)** Clothing Closet (**10:30am)** Otago* (Oct 12-Dec 18) **(11:30am)** Lunch	**(8:30am)** Billiards* **(8:30am)** Yin Yoga* **(NEW)** **(9am)** Table Tennis* (**10am)** Clogging Advanced Beginner to Intermediate **(11am)** Clogging Beginner * All Access Membership $ Cost Associated