

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 HOLIDAY	2	3 (10am) Alzheimer's Support Group (10am) Brain Injury Support Group
4 (9:30am) Snohomish County Housing Stability (10:30am) Trivia (11:30am) Speaker: Tax Workshop (1pm) Bingo	5	6	7 (12:30pm) Healthy Living Program: Scam Prevention & Digital Resilience for Tomorrow	8 (12pm) Healthy Lifestyle (1pm) Family Caregiver Support Program	9	10 (10am) Alzheimer's Support Group (10am) Craft Group
11 (11:30am) Speaker: Jay Lang, New CEO of Homage	12	13 (9am) Chaplain Skip Gipson (11:30am) Project Linus	14 (10am) SHIBA	15 (10:30am) Tech Help (11am) Day Trip: Village Taphouse & Grill (1pm) Book Club (NEW) (1pm) Current Discussion	16	17 (9am) Mental Health Access
18	19 HOLIDAY MLK Community Celebration	20 (11am) Diabetes Screening	21 (12:15pm) Lunch Birthday Celebration (NEW) ((1pm) Genealogy Club (1pm) Reiki Massage	22 (10am) Kinship Caregiver Support Group (NEW) (12pm) Healthy Lifestyle (1pm) Craft Club (NEW)	23	24 (10am) Together in Grief (10am) Craft Group
25 (11:30am) Speaker: Lindsey Legaspi, Snohomish County Long Term Care & Aging (12:30pm) Memory Cafe	26	27 (9am) Chaplain Skip Gipson (1:30pm) Cooking Class: Savory Stuffed Buns	28 (10am) SHIBA	29 (11am) Day Trip: Bakery Crawl	30	31

WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	(8:30am) Billiards	(8:30am) Billiards	(8:30am) Billiards	(8:30am) Billiards	(8:30am) Billiards	(8:30am) Billiards
	(8:30am) Chair Yoga	(8:30am) Barre Class	(8:30am) Chair Yoga	(8:30am) Barre Class	(8:30am) Friday Yoga (NEW)	(9am) Table Tennis
	(9am) Table Tennis	(9:30am) Hand & Foot	(9am) Table Tennis	(9:30am) Hand & Foot	(9:30am) New to Line Dancing	(10am) Clogging Advanced Beginner to Intermediate
	(9:30am) Everett Library	(9:30am) Cribbage	(9:30am) Fitness Zone Circuit Orientation	(9:30am) Forever Fit	(9:30am) Fitness Zone Circuit Orientation	(11am) Clogging Beginner (NEW)
	(9:30am) Forever Fit	(9:30am) Forever Fit	(9:30am) Forever Fit	(10:30am) Chair Yoga		
	(9:30am) Clogging Intro	(10am) Black Elders	(9:30) PUD Outreach	(10:30am) Knit & Crochet	(9:30am) Talk Time	
	(10am) Clogging Beginner to Easy Intermediate	(10am) Meaningful Day	(10:30am) Duplicate Bridge	(11:30am) Lunch	(10:00am) Clothing Closet	
	(10:30am) Strength & Stretch	(10am) Sip & Sweets	(10:30am) Strength & Stretch	(12pm) Party Bridge	(10:30am) Beginner Line Dancing	
	(11:30am) Lunch	(10:30am) Knit & Crochet	(11am) Clothing Closet	(1pm) Tai Chi (NEW)	(11:30am) Lunch	
		(11am) Al-Anon	(11am) Clothing Closet	(1pm) Woodcarving		
		(11:30) Lunch	(11:30am) Lunch	(1pm) Hula Dancing		
		(12pm) Ceramics	(1:00pm) Journaling	(2:15pm) Gentle Karate		
		(12pm) Friendship Circle				
		(1pm) AA				
		(2:15pm) Gentle Karate				