

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 HOLIDAY	2	3 (10am) Alzheimer's Support Group (10am) Brain Injury Support Group
4 (9:30am) Snohomish County Housing Stability (10:30am) Trivia (11:30am) Speaker: Tax Workshop (1pm) Bingo	5	6	7 (12:30pm) Healthy Living Program: Scam Prevention & Digital Resilience for Tomorrow	8 (12pm) Healthy Lifestyle (1pm) Family Caregiver Support Program	9	10 (10am) Alzheimer's Support Group (10am) Craft Group
11 11:30am) Speaker: Jay Lang, New CEO of Homage	12 (9am) Chaplain Skip Gipson (11:30am) Project Linus	13 (10am) SHIBA	14 (10:30am) Tech Help (11am) Day Trip: Village Taphouse & Grill (1pm) Book Club (NEW) (1pm) Current Discussion	15	16 (9am) Mental Health Access	17
18 HOLIDAY MLK Community Celebration	19 (11am) Diabetes Screening	20 (12:15pm) Lunch Birthday Celebration (NEW) (1pm) Genealogy Club (1pm) Reiki Massage	21 (10am) Kinship Caregiver Support Group (NEW) (12pm) Healthy Lifestyle (1pm) Craft Club (NEW)	22	23 (10am) Together in Grief (10am) Craft Group	24
25 11:30am) Speaker: Lindsey Legaspi, Snohomish County Long Term Care & Aging (12:30pm) Memory Cafe	26 (9am) Chaplain Skip Gipson (1:30pm) Cooking Class: Savory Stuffed Buns	27 (10am) SHIBA	28 (11am) Day Trip: Bakery Crawl	29	30	31

WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>(8:30am) Billiards</p> <p>(8:30am) Chair Yoga</p> <p>(9am) Table Tennis</p> <p>(9:30am) Everett Library</p> <p>(9:30am) Forever Fit</p> <p>(9:30am) Clogging Intro</p> <p>(10am) Clogging Beginner to Easy Intermediate</p> <p>(10:30am) Strength & Stretch</p> <p>(11:30am) Lunch</p>	<p>(8:30am) Billiards</p> <p>(8:30am) Barre Class</p> <p>(9:30am) Hand & Foot</p> <p>(9:30am) Cribbage</p> <p>(9:30am) Forever Fit</p> <p>(10am) Black Elders</p> <p>(10am) Meaningful Day</p> <p>(10am) Sip & Sweets</p> <p>(10:30am) Chair Yoga</p> <p>(10:30am) Knit & Crochet</p> <p>(11am) Al-Anon</p> <p>(11:30) Lunch</p> <p>(12pm) Ceramics</p> <p>(12pm) Friendship Circle</p> <p>(1pm) AA</p> <p>(2:15pm) Gentle Karate</p>	<p>(8:30am) Billiards</p> <p>(8:30am) Chair Yoga</p> <p>(9am) Table Tennis</p> <p>(9:30am) Fitness Zone Circuit Orientation</p> <p>(9:30am) Forever Fit</p> <p>(9:30) PUD Outreach</p> <p>(10:30am) Duplicate Bridge</p> <p>(10:30am) Strength & Stretch</p> <p>(11am) Clothing Closet</p> <p>(11:30am) Lunch</p> <p>(1:00pm) Journaling</p>	<p>(8:30am) Billiards</p> <p>(8:30am) Barre Class</p> <p>(9:30am) Hand & Foot</p> <p>(9:30am) Forever Fit</p> <p>(10:30am) Chair Yoga</p> <p>(10:30am) Knit & Crochet</p> <p>(11:30am) Lunch</p> <p>(12pm) Party Bridge</p> <p>(1pm) Tai Chi (NEW)</p> <p>(1pm) Woodcarving</p> <p>(1pm) Hula Dancing</p> <p>(2:15pm) Gentle Karate</p>	<p>(8:30am) Billiards</p> <p>(8:30am) Friday Yoga (NEW)</p> <p>(9:30am) New to Line Dancing</p> <p>(9:30am) Fitness Zone Circuit Orientation</p> <p>(9:30am) Talk Time</p> <p>(10:00am) Clothing Closet</p> <p>(10:30am) Beginner Line Dancing</p> <p>(11:30am) Lunch</p>	<p>(8:30am) Billiards</p> <p>(9am) Table Tennis</p> <p>(10am) Clogging Advanced Beginner to Intermediate</p> <p>(11am) Clogging Beginner (NEW)</p>