

Monday	Tuesday	Wednesday	Thursday	Friday
2 Golden Baked Chicken w/ Rice and gravy Steamed Broccoli Mixed Fruit Dinner Roll	3 Tomato Bisque Soup Grilled Cheese Sun Chips Fresh Fruit	4 Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Pineapple	5 Broccoli Salad Grilled Chicken Breast Garlic Herb Potatoes Peaches	6 Garden Salad Baked 3 Cheese Ziti Winter Blend Vegetables Garlic Bread Fresh Fruit
9 Oven Roasted Chicken Rice Pilaf Capri Vegetables Fresh Fruit Dinner Roll	10 Pea and Cheese Salad Salmon Burger w/ Lettuce and Tomato Sweet Potato Fries Mandarin Oranges	11 Chicken Parmesan over Spaghetti Noodles Garden Vegetables Garlic Bread Fresh Fruit	12 Salisbury Steak Mashed Potatoes Green Beans Apricots Dinner Roll	13 <u>Valentine's Day</u> Spring Salad Salmon Fillet Wild Rice Fresh Roasted Vegetables Sweetheart Dessert Dinner Roll
16 <u>Holiday Closure</u> <u>No Lunch Service</u>	17 Chicken Alfredo Breadstick Steamed Broccoli Tropical Fruit Cookie	18 Lentil Soup Egg Salad Sandwich Dilled Cucumber Salad Fresh Fruit	19 Smothered Pork Chop Steamed Rice Mixed Vegetables Peaches Dinner Roll	20 Chopped Cucumber Salad Southwest Chicken Bake Rice Fresh Fruit Dinner Roll
23 Garden Salad Chili topped baked potato w/ green onion and shredded cheddar Fresh Fruit	24 Black History Month BBQ Ribs Mac and Cheese Baked Beans/ Collard Greens Peach Cobbler Corn Bread	25 Swedish Meatballs over egg noodles Steamed Carrots Mixed Fruit Dinner Roll	26 Minestrone Soup Club Sandwich Cookie Fresh Fruit	27 Lasagna Breadstick Steamed Broccoli Applesauce

1% milk, 2oz of whole grain, and fortified margarine are available with all meals. *All fresh produce is subject to availability. Substitutions may be made without notice.*

Suggested meal donation for eligible participants is \$5.00. For non-eligible persons, cost is \$9.00 per meal