

SUN	MON	TUES	WED	THURS	FRI	SAT
1 (10am) Snohomish County Housing Stability (10:30am) Trivia (11:30am) Speaker: Rod Shutt, Prescription Drug Assistance Network (1pm) Bingo \$	2	3	4 (9am) Homage Counseling (12:30pm) Healthy Living Program: Facebook 101	5 (10:30am) Tech Help (1pm) Current Discussion (1pm) Family Caregiver Support Program	6	7 (10am) Alzheimer's Support Group (10am) Brain Injury Support Group
8 (11:30am) Speaker: Peggy Kurz & Bill Troll, Musical Act	9 (9am) Chaplain Skip Gipson (11:30am) Project Linus (12:45pm) Day Trip: Snohomish County Elections Tour	10	11 (10am) SHIBA	12 (12pm) Healthy Lifestyle	13 (9:30am) Late Opening (8:30am) Yoga Cancelled	14 (10am) Alzheimer's Support Group (10am) Craft Group (6pm) Valentine Dance \$
15 (10:30am) Trivia (11:30am) Speaker: Susanna Johnson, Snohomish County Sheriff (1pm) Bingo \$	16	17	18 (9am) Homage Counseling (11am) Clothing Closet Cancelled (12pm) Reiki Massage \$ (1pm) Genealogy Club	19 (10:30am) Tech Help (11am) Diabetes Screening (1pm) Book Club (1pm) Current Discussion	20 (10am) Clothing Closet Cancelled	21 (9am) Mental Health Access
22 (11:30am) Speaker: Kristine Dillin, Homage Senior Services (12:30pm) Memory Cafe	23 (9am) Chaplain Skip Gipson (1:30pm) Cooking Class: \$ Chicken Karahi	24	25 (10am) SHIBA (12pm) Monthly Birthday Celebration	26 (10am) Kinship Caregiver Support Group (12pm) Healthy Lifestyle (1pm) Craft Club \$	27 11am Day Trip: \$ Lunch at Scuttlebutt and Explore Everett Waterfront	28 (10am) Together in Grief (10am) Craft Group
						* All Access Membership \$ Cost Associated

WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*	(8:30am) Billiards*
	(8:30am) Chair Yoga*	(8:30am) Barre Class*	(8:30am) Chair Yoga*	(8:30am) Barre Class*	(8:30am) Friday Yoga*	(9am) Table Tennis*
	(9am) Table Tennis*	(9:30am) Hand & Foot	(9am) Table Tennis*	(9:30am) Hand & Foot	(9:30am) Fitness Zone Circuit Orientation	(10am) Clogging Advanced Beginner to Intermediate
	(9:30am) Forever Fit* (Video)	(9:30am) Cribbage	(9:30am) Fitness Zone Circuit Orientation	(9:30am) Forever Fit*	(9:30am) New to Line Dancing \$	(11am) Clogging Beginner
	(9:30am) Clogging Intro	(9:30am) Forever Fit*	(9:30am) Forever Fit*	(10:30am) Chair Yoga*		
	(10am) Clogging Beginner to Easy Intermediate	(10am) Black Elders	(9:30) PUD Outreach	(10:30am) Knit & Crochet	(9:30am) Talk Time	
	(10:30am) Strength & Stretch* (Video)	(10am) Meaningful Day	(10:30am) Duplicate Bridge	(11:30am) Lunch	(10:00am) Clothing Closet	
	(11:30am) Lunch	(10am) Sip & Sweets	(10:30am) Strength & Stretch*	(12pm) Party Bridge	(10:30am) Beginner Line Dancing \$	
		(10:30am) Chair Yoga*	(10:30am) Strength & Stretch*	(1pm) Hula Dancing	(11:30am) Lunch	
		(10:30am) Knit & Crochet	(11am) Clothing Closet	(1pm) Tai Chi*		
		(11am) Al-Anon	(11:30am) Lunch	(1pm) Woodcarving		
		(11:30am) Lunch	(1:00pm) Journaling	(2:15pm) Gentle Karate		
		(12pm) Ceramics				
		(12pm) Friendship Circle				
		(1pm) AA				
		(2:15pm) Gentle Karate				
						* All Access Membership \$ Cost Associated