

SUN	MON	TUES	WED	THURS	FRI	SAT
1 (10am) Snohomish County Housing Stability (10:30am) Trivia (11:30am) Speaker: Rod Shutt, Prescription Drug Assistance Network (1pm) Bingo \$	2	3	4 (9am) Homage Counseling (12:30pm) Healthy Living Program: Facebook 101	5 (10:30am) Tech Help (1pm) Current Discussion (1pm) Family Caregiver Support Program	6	7 (10am) Alzheimer's Support Group (10am) Brain Injury Support Group
8 (11:30am) Speaker: Peggy Kurz & Bill Troll, Musical Act	9 (9am) Chaplain Skip Gipson (11:30am) Project Linus (12:45pm) Day Trip: Snohomish County Elections Tour	10 (10am) SHIBA	11	12 (12pm) Healthy Lifestyle	13	14 (10am) Alzheimer's Support Group (10am) Craft Group (6pm) Valentine Dance \$
15 (10:30am) Trivia (11:30am) Speaker: Susanna Johnson, Snohomish County Sheriff (1pm) Bingo \$	16	17	18 (9am) Homage Counseling (11am) Clothing Closet Cancelled (12pm) Reiki Massage \$ (1pm) Genealogy Club	19 (10:30am) Tech Help (11am) Diabetes Screening (1pm) Book Club (1pm) Current Discussion	20	21 (9am) Mental Health Access
22 (11:30am) Speaker: Kristine Dillin, Homage Senior Services (12:30pm) Memory Cafe	23 (9am) Chaplain Skip Gipson (1:30pm) Cooking Class: \$ Chicken Karahi	24 (10am) SHIBA (12pm) Monthly Birthday Celebration	25 (10am) SHIBA (12pm) Monthly Birthday Celebration	26 (10am) Kinship Caregiver Support Group (12pm) Healthy Lifestyle (1pm) Craft Club \$	27	28 (10am) Together in Grief (10am) Craft Group
						<p>* All Access Membership \$ Cost Associated</p>

WEEKLY ACTIVITIES

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>(8:30am) Billiards*</p> <p>(8:30am) Chair Yoga*</p> <p>(9am) Table Tennis*</p> <p>(9:30am) Forever Fit* (Video)</p> <p>(9:30am) Clogging Intro</p> <p>(10am) Clogging Beginner to Easy Intermediate</p> <p>(10:30am) Strength & Stretch* (Video)</p> <p>(11:30am) Lunch</p>	<p>(8:30am) Billiards*</p> <p>(8:30am) Barre Class*</p> <p>(9:30am) Hand & Foot</p> <p>(9:30am) Cribbage</p> <p>(9:30am) Forever Fit*</p> <p>(10am) Black Elders</p> <p>(10am) Meaningful Day</p> <p>(10am) Sip & Sweets</p> <p>(10:30am) Chair Yoga*</p> <p>(10:30am) Knit & Crochet</p> <p>(11am) Al-Anon</p> <p>(11:30am) Lunch</p> <p>(12pm) Ceramics</p> <p>(12pm) Friendship Circle</p> <p>(1pm) AA</p> <p>(2:15pm) Gentle Karate</p>	<p>(8:30am) Billiards*</p> <p>(8:30am) Chair Yoga*</p> <p>(9am) Table Tennis*</p> <p>(9:30am) Fitness Zone Circuit Orientation</p> <p>(9:30am) Forever Fit*</p> <p>(9:30am) Forever Fit*</p> <p>(9:30am) PUD Outreach</p> <p>(10:30am) Duplicate Bridge</p> <p>(10:30am) Strength & Stretch*</p> <p>(11am) Clothing Closet</p> <p>(11:30am) Lunch</p> <p>(1:00pm) Journaling</p>	<p>(8:30am) Billiards*</p> <p>(8:30am) Barre Class*</p> <p>(9:30am) Hand & Foot</p> <p>(9:30am) Forever Fit*</p> <p>(10:30am) Chair Yoga*</p> <p>(10:30am) Knit & Crochet</p> <p>(11:30am) Lunch</p> <p>(12pm) Party Bridge</p> <p>(1pm) Hula Dancing</p> <p>(1pm) Tai Chi*</p> <p>(1pm) Woodcarving</p> <p>(2:15pm) Gentle Karate</p>	<p>(8:30am) Billiards*</p> <p>(8:30am) Friday Yoga*</p> <p>(9am) Table Tennis*</p> <p>(9:30am) Fitness Zone Circuit Orientation</p> <p>(9:30am) New to Line Dancing \$</p> <p>(9:30am) Talk Time</p> <p>(10:00am) Clothing Closet</p> <p>(10:30am) Beginner Line Dancing \$</p> <p>(11:30am) Lunch</p>	<p>(8:30am) Billiards*</p> <p>(9am) Table Tennis*</p> <p>(10am) Clogging Advanced Beginner to Intermediate</p> <p>(11am) Clogging Beginner</p>

* All Access Membership
\$ Cost Associated