



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | 1 Broccoli Cheddar Baked Potato w/ sour cream Black Bean Salad Dinner Roll Diced Peaches over Tapioca Pudding | 2 Chicken Divan Casserole Steamed Rice Broccoli Slaw Pineapple Dinner Roll | 3 Tomato Bisque Soup Grilled Cheese Side Salad Orange Slices | 4 No Lunch Service |
| 7 Fiesta Salad Pork Carnitas street taco topped w/ cilantro, avocado & onion Spanish Rice/Pears | 8 Herb Grilled Pollock Rosemary Potatoes Garden Vegetables Applesauce Dinner Roll | 9 Tender Beef Strips w/ mushroom gravy Green Beans Dinner Roll Fresh Fruit | 10 Broccoli Salad BBQ Pulled Chicken on bun Potato Wedges Mixed Fruit | 11 No Lunch Service |
| 14 Salisbury Steak Mashed Potatoes and Gravy Scandinavian Vegetables Peaches Dinner Roll | 15 Vegetable Quiche Roasted Potatoes Yogurt Muffin Pineapple | 16 Oven Fried Chicken Rosemary Potatoes Green Beans Pears Dinner Roll | 17 Oktoberfest Bratwurst w/sauerkraut and peppers/ roll Bavarian Potato Salad Apple Strudel | 18 No Lunch Service |
| 21 Chicken Alfredo Garlic Bread Winter Mix Vegetables Fresh Fruit | 22 Hot Turkey Sandwich w/mashed potatoes and gravy Capri Vegetables Tropical Fruit | 23 Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Pineapple | 24 Spaghetti w/ meat sauce Garlic Bread Broccoli Fresh Fruit | 25 No Lunch Service |
| 28 Sausage Lentil Soup Egg Salad Sandwich Chips Applesauce | 29 Meatball Stroganoff over egg noodles Steamed Carrots Dinner Roll Fresh Fruit/ Cookie | 30 Grilled Chicken Sandwich w/ lettuce and tomato Sweet Potato Fries Fresh Chocolate Chip Cookie Peaches | 31 Halloween Coleslaw BBQ Rib Sandwich Tater Tots Pumpkin Bar Apple | |

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal