| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Golden Baked Chicken w/ Steamed Rice Country Vegetables Peaches Dinner Roll | Chicken Salad Wrap <br> Pasta Salad w/Broccoli and Grape tomatoes Cookie Fresh Fruit | Garden Salad <br> Vegetable Lentil Soup <br> French Bread Pizza <br> Pears | Shrimp Louie: Romaine Lettuce topped w/ shrimp, cucumber, boiled egg, tomato, and thousand island Dinner Roll Fruit Crisp | Tuna Salad Sandwich w/ lettuce and tomato Sun Chips Cookie Pineapple |
| Diced Cucumber Salad <br> Sweet and Sour Meatballs <br> Steamed Rice <br> Mixed Fruit <br> Dinner Roll | Dijon Chicken <br> Orzo w/Peas <br> Steamed Carrots <br> Fresh Fruit <br> Dinner Roll | Coleslaw <br> BBQ Rib Sandwich <br> Potato Wedges <br> Peaches | Black Bean Salad Chicken Fajitas w/sour cream and salsa Spanish Rice Mandarin Oranges | Chicken Caesar Wrap <br> Chips <br> Fresh Fruit <br> Cookie |
| 15 | 16 | 17 | 18 | 19 |
| Baked Potato topped with Chili, shredded Cheese, and sour cream Steamed Spinach Pears | Salisbury Steak <br> Mashed Potatoes w/ Gravy <br> Capri Vegetables <br> Fresh Fruit | Fiesta Salad <br> Two Beef Tacos w/Lettuce, Cheddar, Salsa, and Sour Cream <br> Spanish Rice Pineapple | Parmesan Crusted Tilapia <br> Oven Roasted Potatoes <br> Steamed Carrots <br> Pineapple <br> Dinner Roll | Potato Salad <br> Cheeseburger w/ lettuce and tomato <br> French Fries <br> Fresh Fruit |
| Earth Day 22 | 23 | 24 | 25 | 26 |
| Grilled Chicken Pesto Pasta <br> Garlic Bread <br> Steamed Broccoli <br> Cupcake <br> Fresh Fruit | Tossed Salad <br> Baked Manicotti w/ <br> Marinara and Parmesan <br> Garlic Bread <br> Mandarin Oranges | Meatloaf w/mashed potatoes and gravy <br> Green Beans and Corn <br> Applesauce <br> Dinner Roll | Chef Salad: Romaine Lettuce topped w/ turkey, ham, boiled egg, cheese, tomato, and cucumber. <br> Blueberry Muffin Fresh Fruit | Broccoli Salad <br> Vegetable Soup <br> Grilled Cheese <br> Fresh Fruit <br> Pudding |
| Pork Chop Patty <br> Scalloped Potatoes <br> Mixed Vegetables <br> Dinner Roll <br> Apricots | Grilled Lemon Herb Pollock Wild Rice Caribbean Vegetables Dinner Roll Peaches |  |  |  |

$1 \%$ milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.
Suggested meal donation for eligible persons is $\$ 4.00$. For non-eligible persons, cost is $\$ 8.00$ per meal

