

About Mental Health and Illness

Mental Illness does not discriminate, ANYONE is vulnerable.

Mental illness affects people of all races and socioeconomic backgrounds. Mental illnesses are biological and are not character defects. They can affect a person's mood, their feelings, the way they think, and how they relate to others. Mental illnesses are treatable by a variety of means, including medication as well as other supportive resources and services.

Mental illnesses include, but are not limited to, the following:

- Major Depressive Disorder
- Bipolar Disorder
- Generalized Anxiety Disorder
- Obsessive-Compulsive Disorder
- Schizophrenia
- ADHD
- Borderline Personality Disorder

Questions or need more information? Find more mental health resources at the [National Mental Health Information Center](#) website.