



**Health History Form**

The information on these forms is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care. This form, except for the "To Be Completed By Medical Personnel", to be filled in by parents/guardians of campers.

Camper Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age at camp \_\_\_\_\_ Gender: M F

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Day Phone (\_\_\_\_) \_\_\_\_\_

Evening Phone (\_\_\_\_) \_\_\_\_\_ Additional Phone (\_\_\_\_) \_\_\_\_\_

**IMPORTANT** - These boxes must be completed for attendance:

**Permission to Provide Necessary Emergency Treatment or Emergency Care**

I hereby give permission to the medical personnel selected by the camp director, or designee, to order x-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange related transportation for me or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director, or designee, to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of Parent/Guardian/Staff: \_\_\_\_\_ Date: \_\_\_\_\_

Witness \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

I also understand and agree to abide by the limitations placed on my camp activities.

Signature of camper/staff: \_\_\_\_\_ Date: \_\_\_\_\_

**Allergies: List all known**

**Describe reaction and management of the reaction**

Medication allergies:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Food Allergies:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other Allergies – Include insect stings, hay fever, asthma, animals, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medications**

Please list all medications, including over the counter (all medications must come in their original containers, and will only be dispensed as directed)

\_\_\_\_\_ Dosage \_\_\_\_\_ Times \_\_\_\_\_  
\_\_\_\_\_ Dosage \_\_\_\_\_ Times \_\_\_\_\_  
\_\_\_\_\_ Dosage \_\_\_\_\_ Times \_\_\_\_\_

List all Dietary Restrictions (if any):

\_\_\_\_\_  
\_\_\_\_\_

List all Activity restrictions and reasons (if any):

\_\_\_\_\_  
\_\_\_\_\_

Camper Name: \_\_\_\_\_

**Participant has/has had any of the following:**

Recent injury, illness, or infectious disease	Y	N	Orthopedic problems	Y	N
Chronic or recurring illness/condition	Y	N	Have skin condition	Y	N
Hospitalized in the last 2 years	Y	N	Diabetes	Y	N
Surgery in the last 2 years	Y	N	Mononucleosis in the last year	Y	N
Ever had a head injury	Y	N	Trouble sleeping/bed wetting	Y	N
Wear corrective lenses	Y	N	Abnormal menstruation	Y	N
Become dizzy/pass out during exercise	Y	N	Eating disorder	Y	N
Ever had a seizure	Y	N	Bringing adaptive equipment	Y	N
Heart/blood pressure problems	Y	N	Emotional problems	Y	N

**Please explain any YES answers from above:**

\_\_\_\_\_  
\_\_\_\_\_

**Has the participant had (circle all that apply)**

Measles      Chicken pox      German Measles      Mumps      Hepatitis      Vacclin Zosser

**Please give dates for immunizations for:**

DTP \_\_\_\_\_ Polio \_\_\_\_\_ Influenza \_\_\_\_\_  
 TD \_\_\_\_\_ Measles \_\_\_\_\_ Hepatitis \_\_\_\_\_  
 Tetnus \_\_\_\_\_ Rubella \_\_\_\_\_

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware.

\_\_\_\_\_  
\_\_\_\_\_

Name of Physician: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**To be completed by medical personnel:**

BP: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

In my opinion the above participant is:

- Able to participate in camp without restriction
- Not able to participate in camp
- Able to participate with the following restrictions

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medications to be administered at camp:**

\_\_\_\_\_ Dose: \_\_\_\_\_ Times: \_\_\_\_\_  
 \_\_\_\_\_ Dose: \_\_\_\_\_ Times: \_\_\_\_\_  
 \_\_\_\_\_ Dose: \_\_\_\_\_ Times: \_\_\_\_\_

Please attach additional sheets to accurately describe any restrictions or instructions for camp personnel.

Signature of Licensed Medical Personnel: _____ Printed Name: _____ Title: _____ City: _____ Phone: (____) _____ Date: _____
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Parent/Guardian/Staff Authorization: This health history is correct and complete to the best of my knowledge, and the person herein described has permission to engage in all camp related activities except as noted.  Signature: _____ Printed: _____ Date: _____
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