

Co-Parenting Class

This Co-Parenting class assists parents going through divorce, helping them explore the changing family dynamics and relationships. This class will also help you focus on the child's needs.

- Learn how to help your children during a divorce
- Impact of parental conflict on children
- How to co-parent effectively to help kids adjust
- Improve parenting skills and co-parenting skills
- Exploring the changing parental relationship
- Understanding grief and anger



Business Relationship **Duty** **stay calm**
Consistency **Kindness**
Co-Parenting LOVE
Partnership **child-focused**
polite **Committed**
cooperation **Flexible** **Stability** **team** **child needs**
Listen **new normal** **Straightforward**
mature **solutions**

Cost: \$100 - Reduced or free services are available based on income

Where:

2801 Lombard Ave
Everett, WA 98201

When:

July 24th, Tuesday: (12:30 PM - 4:30 PM)
August 30th, Thursday: (12:30 PM - 4:30 PM)
September 14th, Friday (12:30 PM - 4:30 PM)
October 19th, Friday (12:30 PM - 4:30 PM)
November 9th, Friday (12:30 PM - 4:30 PM)

Please register at:

Phone: 425-212-2930
E-mail: lyant@voaww.org

