

Plant a Row

You Can Help Increase Access to Nutritious Food in Our Community

Fresh produce is an essential component in a healthy diet, but is very easy to cross off a grocery list when a family has a limited budget. Plant a Row is a great opportunity to help provide all members of our community with access to fresh, local produce. We are looking for gardeners or fruit tree owners to donate some of their garden produce to a local food bank. Plant a row and help fight hunger from your own backyard!

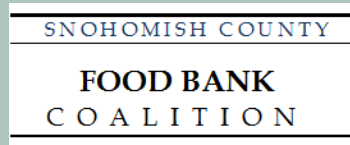


How can I participate?

Plan to grow an extra row or two, or donate excess of what you already grow. We will happily accept donations of fruit, vegetables, or fresh herbs.

Contact the Project Harvest Gleaning Coordinator or register your row through our website today!

voaww.org/projectharvest



Questions about Plant a Row? Contact Gleaning Coordinator Stephanie Aubert

Email: saubert@voaww.org Cell: (603)-726-1561